



Compton Archery – September 2020 Newsletter

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<https://www.facebook.com/Compton.Archery/>

<https://www.comptonarchery.wordpress.com>

Welcome to the September 2020 Newsletter

It's been 5 months since our last newsletter and oh what a 5 months it has been!

We hope that all our archers and their friends and family have all kept safe and well through the Covid-19 situation. We fully appreciate that the pandemic is still not over and we are continuing to adapt to a changing situation.

Clearly group sports in the UK are far from back to normal with restrictions in place both in terms of social distancing but also specific restrictions at indoor and outdoor facilities, many of which differ from site to site and sport to sport. At the beginning of July only 37% of archery clubs were able to open again in any form. This has continued to improve with relaxed guidance on shielding being particularly relevant, but we're far from back to normal.

For Compton Archery this still means that we have no access to the leisure centre facilities at all (not even toilets) and by extension, to the insurance that this provides. What that leaves us with, is access to the outdoor field and insurance via our governing body (Archery GB) for all of those members. We realise that this is frustrating for our non-AGB members and although it's out of our control, rest assured that we continue to pursue access and will have it back as soon as possible.

In August we restarted archery for AGB members, following AGB guidance implementing various 'Covid-19 Safe' restrictions (included in a section below), to make archery as safe as possible. We are running Friday evening and Saturday morning sessions and will continue to do this whilst we have enough daylight on Friday evenings and whilst the weather is good enough! In the last couple of weeks, we have also managed to run some beginner courses, as "6 Beginners lessons" are specifically covered by our AGB insurance and it's been brilliant to see so many new faces on the shooting line. Safe handling of club kit for beginners is still a challenge so we are, instead, providing complete take-away kits for beginners who are paying our minimal rental charge for it.

Normally the indoor archery season starts from October but obviously right now we have no idea how that might be possible. We will of course keep you all up to date on that situation moving forward. Current thinking is that we will continue to shoot outdoors as the weather allows, but we really hope that we can get back to some socially distanced archery indoors, using smaller sessions spaced throughout a longer day.

For all the Covid-19 guidance direct from AGB please visit: <https://www.archerygb.org/shoot-compete/archery-gb-updates-on-covid-19/>

For all our new members who might be seeing a newsletter for the first time, can we remind you that all the previous newsletters and a LOT of additional information can be found on our website at <https://comptonarchery.wordpress.com/> and also our Facebook page at <https://www.facebook.com/Compton.Archery>

To end on a positive note, we finished the 2019 indoor season with some great results in the British Archery Postal league! Read on for an update on that.

Saturday Archery through September

Reminder! Please use the reference (initials+dd+mm) when transferring payment. E.g. RS0509 for Rick Stephens for 5th September. If we cancel the session or you can't make it then don't worry, we will roll this forward to the next session. You won't lose it. Thanks!

For anyone coming back for the first time since the Covid break or new starters etc, the Saturday sessions are *generally* running as follows:

- **10:30 – 12:30 – Session 1. (first 30 mins allocated to setup time)**
 - This will primarily be aimed at beginners and other archers that cannot make the second session.
 - Targets will have already been setup. Archers need only pin their own target faces up.
 - We will have approximately 12 targets, each 4m apart and we are still NOT sharing targets outside of family units or home Covid safe bubbles.
 - Targets will be set at 20 yards unless you let us know beforehand which distance you'd like to shoot.
 - Archers will be encouraged to shoot for their next 252 badge (3-dozen arrows). It might be possible to squeeze in 2x252 rounds in this session.
- **12:30 – 14:30 – Session 2 (first 30 mins allocated for target adjustment and setup)**
 - This session is aimed at intermediate and advanced archers and will not include any coaching.
 - We will have approximately 12 targets, each 4m apart and we are still NOT sharing targets outside of family units or home Covid safe bubbles.
 - Targets will be set nominally at 50 yards but can be moved to suit preferred distances (maximum of 60 yards) before we start shooting.
 - Archers will be encouraged to shoot a National round appropriate to their ability (4-dozen arrows at distance 1, 2-dozen arrows at distance 2).
 - Archers will need to pin their own targets faces up.
 - Archers will be expected to put away their targets and stands at the end of the session (thanks!).

Compton Archery: Covid-19 Safe Shooting Practice

Rules for the return to archery:

- At present you can only attend if you are a member of AGB. If you wish to join our sport's governing body then please email us and we'll help you with that.
- DO NOT attend if you or your household are displaying any symptoms of Covid-19 or are self-isolating.
- Archery will be via pre-booking ONLY. Please DO NOT just turn up on the day.
- We will be limited to 12 targets. A single target can be shared between members of the same household but otherwise will be allocated 1 target per archer.
- There will be no money exchanged on the day. Archers must pay beforehand using BACS transfer to the Compton Archery account:
 - Compton Archery (c/o Santander)
 - Account Number: 33992383
 - Sort Code: 09-01-29
 - Please use REF: initials+dd+mm, e.g. RS0509
- Archers will need to buy (£2) a 122cm target face and 4 pins on their first session, which they will take home and be responsible for, bringing them to future sessions. Archers who lose these items will need to pay (£2.50) for another set.
- Archers should stay 2m apart at all times. Bowses will be placed 4m apart.

- Only touch your own equipment. This includes arrows.
- Archery will be restricted to outdoors only. If the weather forecast is particularly bad in terms of rain and/or wind, then the sessions will be cancelled.
- No rental kit will be available on the day, but long term rental packages can be arranged beforehand (contact Compton.archery@gmail.com for details)
- The leisure centre toilets will only be available in a real emergency. Please use the bathroom before you come along!
- There will be cones and/or flags to mark shooting lanes at safe distances.
- Parents MUST supervise any junior archers at all times. They cannot leave the field and then come back.
- We cannot help archers with maintenance or bow setup or pulling stubborn arrows etc. Please bear this in mind.
- It will be much more difficult to locate missed arrows so we would ask ALL archers to shoot at a distance they are completely comfortable with and VERY unlikely to miss.
- If archers need to establish sight marks, then we can arrange for a small number of ends to be shot at increasing distances to make this easier without the risk of losing arrows.
- **We will not be using ANY school equipment or facilities, except for the grass! e.g. the picnic tables and the waste bins. Please bring your own chairs, blankets and remove any rubbish with you.**





British Archery Postal League 2019/20 – Results are in and we smashed it!

In case you missed our post on the Facebook page, the BA postal league that we took part in during 2019/20 have released their results after a bit of a hiatus when the final month coincided with Covid-19.



The BAPL is for clubs all over the Country to enter teams of 3 archers and compete in Portsmouth and Frostbite rounds during the Indoor season (September to April). You submit an estimated score for the team when you enter and teams of similar skill level are placed into divisions together. Rounds are shot on a particular day of the month and the top 3 scoring archers shooting that round on the day become the entered team for that month. That means that the archers in the team can change each month.

The results are now in for 2019/20 and Compton archery did very well!

A frostbite round is 36 arrows shot at 30m into an 80cm face. We entered 2 teams into this league; Compton A in division 9 and Compton B in division 32.

Team B managed a very credible 3rd place, winning 3 out of their 5 matches, and only losing to the 2 teams who went on to get 1st and 2nd overall.

Team A, rather unexpectedly WON their division, beating Wolverhampton Company of Archers 22 points over the entire league, 4140 points to 4118. It's a great achievement as we really didn't have that many archers for the Frostbite shoots. Trophies are on their way!

For the Portsmouth league we entered 2 Senior teams and a Junior team. We shot round on the first Friday evening of the month and always had a good turnout of archers which was great to see, even the Juniors where Friday evenings are sometimes a challenge.

Our Junior team ended up doing extremely well and finishing 2nd in Division 6! A special mention goes to Ellie Clark who got the highest girls score in the division in February, George Walker & William Croghan who made the team a number of times during the season and to Owen Smith who consistently put in 500+ Portsmouth scores every month.

The Seniors Portsmouth league, as you can expect, is massive. It consists of 55 divisions, each with 6 teams, that's 330 archers taking part! Compton entered two teams and were placed into Divisions 16 and 38.

Our B team fought hard but the division was a particularly tough one with some teams clearly shooting much higher scores than the division predicted. However, they still managed to take 3rd overall with another mention for Owen Smith who qualified for the Seniors team in the last round with a Portsmouth score of 524 and being the highest scoring junior boy in February.

Finally, the Compton Portsmouth A team. Our A team consistently put out high scores of 540+ throughout the entire season and went on to win the division having won all 5 of their matches! This included the all-important local Derby against Wallingford Castle Archers, which was a fluke draw of club in the division. Well done to Rick, Stuart, Leon, Andy, Richard & Natalie who all made the A team at some point during the season. Trophies are on their way!

In Summary:

Frostbite A – 1st!

Frostbite B – 3rd

Portsmouth Juniors – 2nd

Portsmouth Senior A – 1st

Portsmouth Senior B – 3rd

This was a hugely successful first time debut in the BAPL and we're incredibly proud of all of our archers who took part. Well done to everyone. Special thanks to Stuart Walker for organising our entry into the BAPL and co-ordinating scores each month.

Unfortunately the BAPL will not be running in 2020/21 due to the Covid limitations on indoor shooting. We hope to see it back in 2021/22.

Club Shirts – New for 2020!



Thank you for all the new club shirt orders! We now have them back so feel free to pick up at the next session. If you have still to order, then please let us know and we'll get those organised.

Club shirts are £20 each with your archer name on the back. Some more details here:

Junior: <https://www.papini.co.uk/webshop/polos/junior-elite-polo/junior-elite?code=6711>

Adult: <https://www.papini.co.uk/webshop/polos/elite-polo/elite-product-range?code=5908>

Speak to Rick for more details.

Warming up



Warming up your muscles before any sport is absolutely key to your performance and prevention of injury and it's no different for archery. Remember that warming up is NOT just shooting a few extra ends at the beginning!

For warm ups AND to help keep some archery fitness at home when you might not be able to shoot as much as normal, you could try using some general purpose resistance bands which are available on-line for under £10 in various strengths which are ideal for archery.

Here are a few good warm ups to do before you start shooting.



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September 2020 – Special awards and mentions

- Congratulations to Will on achieving his first 252 badge at 20 yards on only his 2nd session!
- Congratulations to Paul and Tristan on achieving their first 252 badge and William for completing his 30 yard 252!
- Congratulations to Ben, our newest Junior archer who started at 20 yards and achieved his first 252 score on his second visit.

Don't forget that you can claim:

- 252 distance badges for scores of 252 (Freestyle) and 189 (barebow) shooting 3-dozen arrows at your chosen distance into a 122cm target face using Imperial 5-zone scoring. Distances are from 20 yards to 100 yards at 10 yard increments.
- Portsmouth score badges for scores from 300+ (Juniors) and 400+ (Seniors) in 25 point increments.
- Badges are £2 each. Ask Rick for details.



Important Dates

***** Archery dates can always be found on the right hand side of the website pages *****

Friday shooting is currently pending leisure centre opening. We **may** move some Friday dates to Saturdays. Watch your email for these invites.

Upcoming Saturday shooting dates are: Saturday 19th September and Saturday 3rd October.

Archery GB Members Section



October is AGB renewal time. We will be contacting you with details of this in the next couple of weeks.

Understandably, the number of tournaments and competitions is very limited at the moment, especially with the indoor season very much an unknown for many clubs. We will continue to monitor and let you of anything important that comes up. Thanks.

If you'd like to join Archery GB, the governing body of Archery in the UK, please contact us and we'll send you all the details for that.

The End.

That's it for this month's Newsletter! We hope you've found it useful and informative.

If you'd like us to include or cover anything specific next month please let us know at Compton.archery@gmail.com.

As ever, please email Compton.archery@gmail.com with any questions comments or questions you have and keep sending in those score sheets for 252, National and Portsmouth rounds etc.

We look forward to seeing you on the shooting line.

CA Committee: Rick (Chairman), Natalie (Treasurer), Leon (Secretary), Jim (Vice Chair).

Thanks to Stuart Walker for managing the BA Postal Leagues.

Current Club Records



Compton Archery Club Records



Round Type	In/Outdoor	Met/Imp	Age Group	Sex	Bow Type	Date	Score	Max	%	Archer	Home/Away	Location	Notes
Frostbite	Outdoor	Metric	Adult	Male	Freestyle	4th Jan 2020	313	360	87	Leon Smith	Home	Compton Archery	3d @ 30m in 80cm face (winter outside!)
Frostbite	Outdoor	Metric	Adult	Female	Barebow	29th Dec 2018	189	360	53	Natalie Allen	Home	Compton Archery	3d @ 30m in 80cm face (winter outside!)
Frostbite	Outdoor	Metric	Adult	Female	Freestyle	29th Dec 2018	224	360	62	Alice Banham	Home	Compton Archery	3d @ 30m in 80cm face (winter outside!)
Frostbite	Outdoor	Metric	Adult	Male	Barebow	8th February 2020	237	360	66	Ian Allen	Home	Compton Archery	3d @ 30m in 80cm face (winter outside!)
Frostbite	Outdoor	Metric	Under 14	n/a	Barebow	4th Jan 2020	227	360	63	Owen Smith	Home	Compton Archery	3d @ 30m in 80cm face (winter outside!)
Junior National	Outdoor	Imperial	Adult	Male	Freestyle	14th July 2018	518	648	80	Jason Allum	Home	Compton Archery	4d @ 40y, 2d @ 30y in 122cm face
Long National	Outdoor	Imperial	Adult	Male	Freestyle	2nd Sept 2018	484	648	75	Rick Stephens	Home	Compton Archery	4d @ 80y, 2d @ 60y in 122cm face
National	Outdoor	Imperial	Adult	Female	Barebow	13th July 2019	318	648	49	Natalie Allen	Home	Compton Archery	4d @ 60y, 2d @ 50y in 122cm face
National	Outdoor	Imperial	Adult	Male	Freestyle	13th July 2019	552	648	85	Stuart Walker	Home	Compton Archery	4d @ 60y, 2d @ 50y in 122cm face
Portsmouth	Indoor	Metric	Adult	Male	Freestyle	11th Oct 2019	563	600	94	Stuart Walker	Home	Compton Archery	5d @ 18m in 60cm face
Portsmouth	Indoor	Metric	Adult	Female	Freestyle	26th Jan 2018	519	600	87	Alice Banham	Home	Compton Archery	5d @ 18m in 60cm face
Portsmouth	Indoor	Metric	Adult	Female	Barebow	5th Mar 2019	496	600	83	Natalie Allen	Home	Compton Archery	5d @ 18m in 60cm face
Portsmouth	Indoor	Metric	Adult	Male	Barebow	27th Sep 2019	504	600	84	Stuart Walker	Home	Compton Archery	5d @ 18m in 60cm face
Portsmouth	Indoor	Metric	Under 14	n/a	Freestyle	28th Feb 2020	528	600	88	Owen Smith	Home	Compton Archery	5d @ 18m in 60cm face
Portsmouth	Indoor	Metric	Under 14	n/a	Barebow	28th Feb 2020	428	600	71	Ellie Clark	Home	Compton Archery	5d @ 18m in 60cm face
Portsmouth 3-Spot	Indoor	Metric	Adult	Male	Freestyle	8th Nov 2019	550	600	92	Leon Smith	Home	Compton Archery	5d @ 18m in 60cm tri-spot face
Short Junior National	Outdoor	Imperial	Adult	Female	Barebow	14th July 2018	452	648	70	Jenny Chapman	Home	Compton Archery	4d @ 30y, 2d @ 20y in 122cm face
Short Junior National	Outdoor	Imperial	Under 14	n/a	Barebow	14th July 2018	476	648	73	William Croanne	Home	Compton Archery	4d @ 30y, 2d @ 20y in 122cm face
Short Junior National	Outdoor	Imperial	Under 14	n/a	Freestyle	13th July 2019	523	648	81	Owen Smith	Home	Compton Archery	4d @ 30y, 2d @ 20y in 122cm face
Short Junior National	Outdoor	Imperial	Adult	Male	Barebow	13th July 2019	522	648	81	Ian Allen	Home	Compton Archery	4d @ 30y, 2d @ 20y in 122cm face
Short Junior National	Outdoor	Imperial	Adult	Male	Freestyle	3rd August 2018	535	648	83	Uwe Anton	Home	Compton Archery	4d @ 30y, 2d @ 20y in 122cm face
Short Junior Windsor	Outdoor	Imperial	Under 14	n/a	Freestyle	21st May 2019	867	972	89	Owen Smith	Home	Compton Archery	3d @ 30y, 3d @ 20y, 3d @ 10y, in 122cm face
Short National	Outdoor	Imperial	Adult	Female	Freestyle	14th July 2018	484	648	75	Alice Banham	Home	Compton Archery	4d @ 50y, 2d @ 40y in 122cm face
Short National	Outdoor	Imperial	Adult	Female	Barebow	14th July 2018	339	648	52	Natalie Allen	Home	Compton Archery	4d @ 50y, 2d @ 40y in 122cm face
Short National	Outdoor	Imperial	Adult	Male	Freestyle	11th Aug 2018	532	648	82	John Salway	Home	Compton Archery	4d @ 50y, 2d @ 40y in 122cm face
Albion	Outdoor	Imperial	Adult	Male	Freestyle	14th May 2019	762	972	78	Leon Smith	Home	Compton Archery	3d @ 80y, 3d @ 60y, 3d @ 50y in 122cm face
Albion	Outdoor	Imperial	Adult	Female	Barebow	21st May 2019	365	972	38	Natalie Allen	Home	Compton Archery	3d @ 80y, 3d @ 60y, 3d @ 50y in 122cm face
WA18	Indoor	Metric	Adult	Male	Freestyle	22nd Nov 2019	524	600	87	Stuart Walker	Home	Compton Archery	5d @ 18m in 40cm face
WA18 3-Spot	Indoor	Metric	Adult	Male	Freestyle	15th Feb 2019	493	600	82	Leon Smith	Home	Compton Archery	5d @ 18m in 40cm tri-spot face
WA70	Outdoor	Metric	Adult	Male	Freestyle	31st July 2018	418	720	58	Leon Smith	Home	Compton Archery	6d @ 70m in 122cm face

Indoor Rounds – Here are the most common Indoor rounds that we'll be doing at Compton...

- Portsmouth – 5 dozen arrows at 20 yards into an 60cm face
- WA18 – 5 dozen arrows at 18m into a 40cm face
- WA18 3-spot – 5 dozen arrows at 18m into a 40cm 3-spot face
- 252 @ 20 yards – 3 dozen arrows at 20 yards into a 122cm face